## **Interventional Radiology**

## **Sclerotherapy Pre-Procedure Instructions**

**Please fill your prescriptions for stockings IMMEDIATELY.** Your stocking supplier may need a week to order in the correct size. **Bring your stockings to your procedure appointment.** We cannot perform your procedure if you do not have your stockings with you!

If you are on blood thinners, please notify us immediately so we can speak with your primary doctor. We may need to stop these medicines for a short time to safely perform your procedure.

Wear comfortable clothes to your procedure appointment. We recommend gym type shorts or slacks with loose fitting legs.

## **Post-Procedure Instructions**

You will have a compression stocking on when you leave the office. Wear your stockings every day while you are awake for 2 weeks. You may take it off to sleep and shower.

You may have some discomfort following your procedure. We expect you to be able to resume all your pre-procedure activities quite rapidly. If you are having extreme discomfort, bleeding or fever; notify the office immediately.

We would like you to continue to keep moving and maintain a normal level of activity. Walking twice daily for 20 minutes is encouraged and promotes speedy healing. Please no hot tubs, saunas or vigorous activities for two weeks.

Again, feel free to call the office if you have any questions. Please bring your compression hose to all appointments.

Community Care Physicians Interventional Radiology 518-262-5149